



SANI  
ASTERIAS

SPA RETREAT



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# Anne Semonin Treatments at Sani Asterias Spa Retreat

Experience a selection of exclusive Anne Semonin treatments in our brand new Spa Retreat located in the luxurious setting of Sani Asterias. Unwind with a welcome drink of Ginger Tea and a footbath ritual to kick start your journey to ultimate relaxation. Before you step back into the real world, complete your spa experience by spending a few unwinding moments in the private Hammam available in the Asterias Spa Retreat Couples Suite(\*).



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## Le Grand Cru

2h 25min, 210€

*The ultimate oenotherapy experience*

The epitome of the Anne Semonin Oenotherapy Collection, this ultimate ritual starts with a soothing footbath using grape seeds and essential oils while you enjoy a refreshing vitamin drink of fresh grape juice. Continue on with a deep revitalizing body exfoliation and nurturing anti-ageing body wrap and conclude with a wonderfully relaxing and soothing poultices massage. As a final touch, choose a glass of wine, the perfect ending to a wine experience like no other...

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## Sani Signature After Sun Bliss

Recovery Facial treatment 50min, 95€

Ultra-Hydrating Face and Body treatment 55m / 120€

*Calming, Comforting, Restoring*

Too much fun in the sun? Quench your skin with this revitalizing, youth-preserving moisture treatment. This Anne Semonin After Sun remedy helps soothe and prepare skin for its next exposure to the sun, thanks to the nourishing natural Macadamia Nut Oil and Vitamin E found in the Anne Semonin Phytarosa serum. The result is smooth, soft skin while the bronze-boosting Beta Carotene extract stimulates the tanning process.

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## Luxurious Indulgence

2h 25min, 240€

*Skin Softening, Tension Releasing, Illuminating*

This blissful ritual begins with a wonderfully warm body scrub using sea salt and white sand from Bora Bora, cleverly combined with our effective massage technique which melts away muscle tension and leaves your skin wonderfully soft and silky smooth. Followed by the Anne Semonin signature Anti-Ageing facial using our exclusive Cryotherapy techniques helping your skin glow with youthful radiance. Pure indulgence for face and body. Complete your experience with a selection of stress-relieving smoothies.

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## Sani Signature Sun Prep Therapy

Sun Defense Facial 50m, 95€

Sun Defense Face & Body Treatment 55m, 120€

*Protecting, age preventing, tan-preparing*

Prevention is one of the most precious gifts you can offer your skin. Prepare your skin before sun exposure with these specially developed Anne Semonin sun defense treatments. As a result your skin will develop a gradual, even and long lasting tan and its youthful appearance will be prolonged.



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## Asterias Luxury Ice Treatment

1h 30min, 190€

*Refreshing, Toning, Glow*

This treatment begins with an amazing back & shoulders massage using cryo massage balls, a new technique which helps increase regional blood circulation, promotes healing and removes blockages. It is combined with a firming facial, excellent for mature, dry and dehydrated skins and designed to combat the visible signs of ageing. This facial combines the age defying effects of cryotherapy with the plumping effect of the Anne Semonin Active Serum and other neurocosmetic ingredients. Finally, complete your experience with an Express Radiance Ice Cube that helps restore the skin's natural youthful glow.

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## Precious Pearl Elixir

1h 15m, 170€

*Re-plumping, Glow Restoring*

This regenerating, anti-ageing treatment is designed to combat wrinkles, loss of elasticity and restore your skin's glow by encouraging increased collagen production and remodeling of existing collagen using two weights of hyaluronic acid to ensure instant and long term plumping effects. The Anne Semonin Precious Pearl Youth Radiance Elixir contains the most efficient and rare ingredients, extracted right from the heart of the plant cells using a unique biotechnology process. Skin is instantly smoothed, protected and lights up in a fresh glow. To conclude this luxurious facial experience try one of our detoxifying smoothies.

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## Anne Semonin Marine Mineral Experience

1h 30min, 190€

*Deep cleansing, Decongesting, Remineralising*

This treatment is a complete and effective remedy for removing the stress of daily life and is unsurpassed at revealing the skin's true radiant beauty. Traditional steam and extraction techniques combined with the power of marine elements making this a deeply purifying treatment. The peel-off Seaweed mask penetrates the skin for extra radiance, offering a perfect balance and ultimate skin protection combined with a tailored eye and décolleté treatment. A personalized blend of aromatic essential oils and trace elements prescribed for your skin needs provides the maximum effect assisting skin regeneration. Finish with a selection of nutritious smoothies to complete the experience.

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## Exquisite Miracle Eyes

45min, 95€

*Brightening, De-stressing, Refreshing*

An exquisite treatment specifically designed for the delicate eye area which brings together a unique combination of contour masks and specialized lymphatic massage, ideal for reducing the signs of ageing and melting away stress. Anne Semonin Cryotherapy Eye Express Radiance ice cubes diminish puffiness and refresh the eyes. Finally, a divine application of the Anne Semonin Miracle Eye cream completes the total eye care experience.





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## Anti-Oxidant Body Cocooning

1h, 150€

*Anti-Ageing, Hydrating, Soothing*

This pampering body rejuvenation will regenerate your skin to its best. An invigorating body scrub is followed by a nourishing and anti-ageing body mask while you drift away with a wonderfully soothing scalp massage. The natural anti-oxidant benefits of this treatment will enhance body drainage, maximize hydration, plump and smooth to perfection while nurturing your body in a cloud of wellbeing.

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## Cryo-Lipoliss

1h 15min, 180€

*Anti-cellulite, Firming, Toning action*

Sea Lotus extract, an innovative scientific discovery, holds the secret to smoother skin. Starting with a thorough body exfoliation, this treatment features the application of the Anne Semonin Lipolysis firming body serum which is massaged into problem areas using cryo massage balls, followed by a deep release stimulating and detoxifying massage using the Anne Semonin Lipoliss anti-cellulite gel to target specific areas of fatty tissues. Finally, an energizing abdominal massage and body-contouring mask further eliminate toxins that contribute to cellulite formation, resulting in a smooth and velvety soft skin. Your legs will feel as light as a feather.

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## Cocooning Scrub & Massage Ritual

1h 45 min, 180€

*Exfoliating, Nourishing, Soothing*

The ultimate exfoliating experience using the luxurious Anne Semonin Nude Body Scrub. A luxurious blend of sea salt, white sand, pink quartz crystal powder and aromatic oils actively sweeps away dead skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. The warming elements of the Nude Body Scrub create a cocooning sensation and elevate the spirits. Aromatic oils are applied all over the body to deeply nourish, soften and re-mineralize the skin, followed by a revitalizing exfoliation and body wrap. This therapy concludes with the Haute Couture full body massage to awaken your senses followed by a selection of energizing fruit smoothies.

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## Purifying Spirulina Wrap & Massage Experience

2h, 220€

*Detoxifying, Purifying, Uplifting*

Wrap your body in a cocoon of Spirulina micro-algae to stimulate toxin release and purify the skin. A pre-wrap scrub of sea salt combined with uplifting lemongrass and peppermint body oil, prepares the skin for the green algae and laminaria body mask, rich in iodine and powerful marine elements. Together, these dynamic ingredients purify, energize and help achieve inch loss. Complete this superb experience by tasting one of our detoxifying smoothies.



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## Relax & Renew

60min, 145€ or 90min, 175€

*De-stressing, Unwinding, Restoring*

Hazelnut and sesame form a rich base of oils to facilitate the slow, flowing movements of this ultimate body de-stress therapy. The lavender and mandarin infused oil permeates the skin easily releasing stored tension from deep within the muscles completely unwinding the entire body.

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## Aroma Energizer

60min, 155€ or 90min, 190€

*Uplifting, Energizing, Tension releasing*

Taken from the tradition of Ayurveda, the exotic, warming aroma of ginger stimulates and uplifts the senses. Enriched with vitamin E this delightfully nourishing oil is perfectly combined with classic tension-releasing and stretching techniques to enliven the senses.

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## Prenatal Massage

60m, 135€

Nurture your body at this precious time with a specially designed massage to treat muscle aches, reduce fluid and imbue total rejuvenation of the body. The pregnancy specific massage is a seamless pleasure melting away fatigue and revealing a radiant you.

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## Mother's Face & Body Experience

1h 30m, 190€

*Pampering, Rejuvenating, Radiance*

A relaxing, unwinding therapy, targeting areas of aches and pains and rejuvenating the face and body to give ultimate radiance back to the skin. Your body will be supported and caressed by soft cushions whilst your therapist massages your back neck and shoulders. Followed by a sublime facial treatment, combining a foot and leg massage to alleviate achy, heavy and tired legs.

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## Grape Seed Poultices

### Massage Ritual

75min, 170€

*Relaxing, Anti-oxidant*

A revisited ancient massage technique based on linen poultices, filled with all the goodness of powerful grape seeds, natural grape essences and aromatic essential oils. Through a combination of heat, pressure and the effects of red grape and essential oils, this gentle massage induces a profound state of physical and mental relaxation, helps banish tension and eases muscles for a unique massage experience.

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## Anti-fatigue Remedy

90min, 190€

*Tension releasing, Restoring back therapy*

A tension releasing, restoring back therapy. An exceptional solution created to alleviate tension stored in the back, neck and shoulders and reduce fatigue. The exquisite combination of heat, minerals and oils begins with a generous application of a self-heating mineral mud mask to release stiffness, strain and stress in the muscles. This is followed by a bespoke massage with custom blended oils just right for your needs. This energizing, stimulating therapy will rebalance your energy levels and reactivate your senses.



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## Blissful Summer Rendez-vous for Two

3h / 245€ (price per person)

*Spa Head to Toe Experience*

Your time together starts with a relaxing foot bath ritual to ease tired feet, this is followed by a moisturizing lavender and mandarin scented sea salt scrub which can be washed off in our deluxe rain shower for two. A relaxing rubdown with the aromatic Anne Semonin Body Oil of your choice ensures a lavish massage like no other, guaranteed to ease away tension and relax achy muscles.

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## His & Her's

2h 30min, 220€ (price per person)

*Exclusive Face and Body Spa experience*

Relax and unwind with an Anne Semonin Couples Massage in our romantic Spa Retreat couples suites. You can then enjoy a tailor made facial for her and a hypnotic scalp and head therapy face treatment for him, both designed to boost radiance and revitalise helping you feel totally pampered.

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## Decadent Duet

2h, 170€ (price per person)

*Spa Body experience*

Couples seeking a private sanctuary can escape to the Spa Retreat Couples Suite with this exclusive Sani decadent experience for two. This treatment involves a 90 minute ultimate full body massage orchestrated side by side by your therapists who will personalise movements and pressure to accurately suit your needs.

\*All treatments can be followed by 30 minutes in the private Hammam upon availability at an extra charge of Euro 30. Please ask your therapist.





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## Spa policies

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### *Should I make a reservation in advance?*

Yes, and it is best to do so upon or prior to your arrival at the resort to ensure availability.

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### *Who can guide me in choosing my treatment?*

Our spa concierge can assist you in planning the perfect spa experience, including the best sequence for your treatments.

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### *What is the Cancellation policy?*

Out of consideration for all guests, a minimum of 24 hours notice is required to cancel or reschedule. Cancellation or time change within this time will result in a 50% fee being charged. "No show" appointments are charged at full price of the treatment booked.

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### *Is there a service charge?*

No service charge or gratuity is added to your bill; they are of course appreciated, however it is left at your discretion as a reflection of service quality.

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### *What about payment for spa services?*

We accept all major credit cards. You may also charge spa services to your hotel bill. For your convenience, payment is also accepted prior to your treatment.

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### *What if I am late for my appointment?*

Arriving late will simply limit the time available for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed. The full value of your treatment will be charged.

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### *May I bring my child to the spa?*

We regret that children under the age of 16 years are not able to use the spa facilities.

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## Health questions

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### *What if I am pregnant?*

Certain treatments should be avoided during pregnancy. If you are pregnant, please notify our spa concierge when you make your appointment so they can offer guidance. Furthermore, some treatments may require a doctor's authorisation.

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### *What if I have special health considerations?*

Please notify our spa concierge before scheduling your treatments if you have high blood pressure, allergies, any other physical ailments or disabilities, if you are on any medication, or if you are pregnant. If you have any concerns at all, please let us know. If at any time during your treatment you experience discomfort, please alert your therapist immediately.

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## Upon arrival

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### *How to enjoy your treatment?*

This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of any discomfort or preferences.

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## Prior to arrival

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### *When should I arrive?*

For your comfort and relaxation, we suggest that you arrive 15 minutes before your scheduled treatment. This will allow you to relax in our lounge and complete our spa consultation form

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### *What will I wear?*

Please arrive showered; a robe, towel, slippers and shower facilities will be provided. The use of towel is required in the Thermal Experience.

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### *What should I wear during my treatment?*

You will be provided with disposable underwear. During all treatments, the body is fully covered, except for the area being treated. Before and after you treatment, robes and slippers are provided.

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### *What about my jewellery?*

Jewellery and valuables should not be brought to the spa. If you are a hotel guest, please leave valuable items in the safe in your room. The hotel does not assume liability for any valuables left in the spa.

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## Spa etiquette

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Our Spa environment is one of tranquillity and relaxation. Please respect other guests' right to privacy and serenity by not using your mobile phone or pager. Smoking is prohibited throughout the spa.



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## **Spa services**

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*Are gift certificates available from the Spa Retreat?*

Beautifully presented Anne Semonin Spa gift vouchers are the perfect gift for any occasion.

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## **Opening hours**

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Every day from 10 am to 6 pm

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## **Spa contact**

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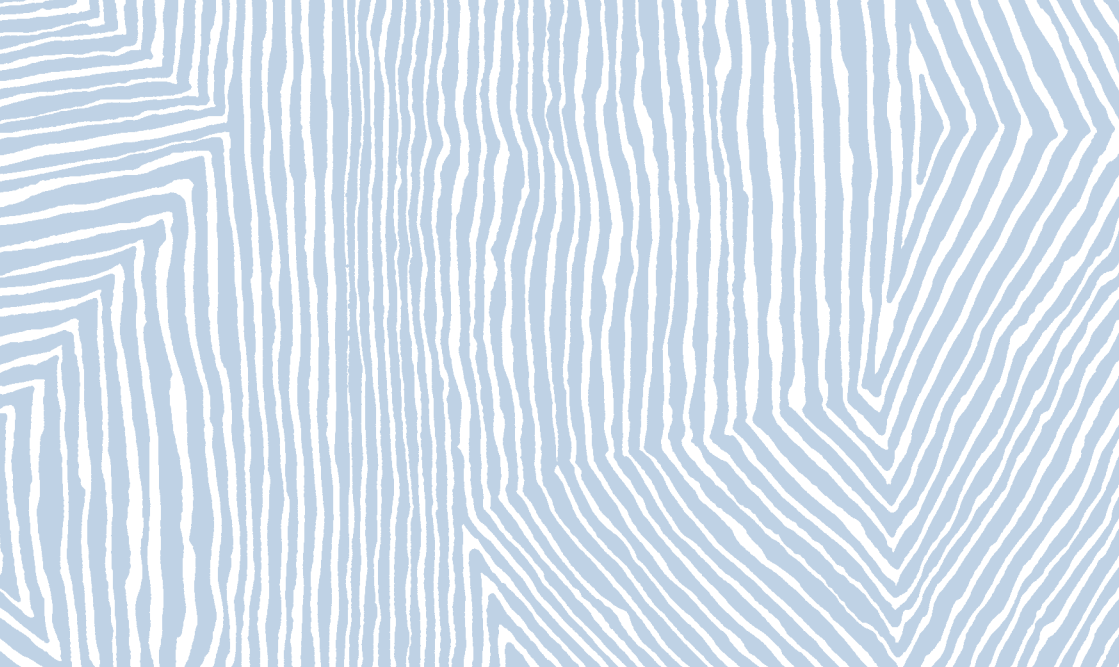
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